

Merseyside CTC Runs List

Runs List Introduction.

Rides are arranged on Sundays and Wednesdays. C/ D rides for beginners and families are arranged on the occasional Saturday morning and Trail rides on the occasional Friday.

- 1 The official start of a ride will be the point at which the designated runs leader for the ride assumes responsibility.
- 2 It is the responsibility of the individual rider to arrive at either the start location or at any pick-up point arranged for that ride.
- 3 Riders who wish to travel to the start of a ride or to a particular pick-up point should make arrangements using the club's What's App and Spond groups.

A complete list of start locations and pickup points follows. Details of the pick-up point for a particular ride please refer to the final NB column on the runs list.

- 1 **Hamilton Square is accessible in a few minutes from James St Station on the Wirral line to Chester or Ellesmere Port. Meet outside the station.**
- 2 **Calisa coffee shop is 84 Childwall Priory Rd, Liverpool L16 7PF. Opens 8:00am Mon-Sat & 9:00am Sundays.**
- 3 **Hunts Cross Station is in Speke Road, L25 0NN.**
- 4 **Sprout Café is within the grounds of Premier Plants Garden Centre in Ledsham, CH66 0NB, [www.sproutkitchengarden.co.uk]**
If travelling by train the café is 1.5 miles from Capenhurst Station or a 3.5 miles ride from Hooton Station.
- 5 **Nets Café is on Burton March, Neston, CH64 0TG.** It 5.5 miles from Hooton Station.
- 6 **Ormskirk Station** is at Station Approach, Ormskirk, L39 2YN.
- 7 **The Dormouse tearooms,** The Smithy, Chester Rd, Daresbury, Cheshire.
- 8 **Spike Island car park** is situated in Mersey Road, West Bank, Widnes Cheshire, WA8 0DG
- 9 **Pickering's Pasture** is in Mersey View Road, Widnes, WA8 8LP
- 10 **Calderstones Park, Liverpool 18.** Meet Yew Tree Lane car park.
- 11 **McDonald's café,** Aintree Shopping Park, Ormskirk Road, Liverpool L9 5AN. Nearest rail station is old Roan.
- 12 **Otters Pool Adventure Centre** is on Otterspool Drive approx. 200 metres from the bottom of Mersey Rd. Aigburth

Category of rides (an indication of what to expect, though rides may be easier, or occasionally more difficult).

- A **Challenging, major steep long hills, or >70 miles, or both. Average pace 12-15 mph**
- B **Moderate, less challenging shorter hills with less severe gradients), 50-70 miles. Average pace 10-14 mph**
- C **Flat, 30-50 miles: average pace 10-12 mph. Suitable for fit beginners/prospective members.**
- D **Flat: 10-20 miles average pace 10-12 mph, suitable for beginners and families.**

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All runs are subject to prevailing weather conditions and the availability of the Runs Leader and may be cancelled/amended by the designated runs leader. Ride leaders should use the Google group email to inform the club of any problems, supplemented by Spond and the WhatsApp group. If the runs leader is unavailable an effort should be made to find an alternative leader to take the ride from the designated start point on the runs list. All riders should therefore check the Google Group, Spond and WhatsApp for any alterations at about 7.30-8:00am on the morning of the ride.

If in doubt, contact the Ride leader by phone details below:

Name	Telephone Number
1 HF	07887 623870
2 DG	07817 072644
3 DJ	07972 163370
4 DT	07963 432568
5 SS	
6 PW	07779 718425
7 MT	07970 743826
8 MG	07979 073351
9 MS	07714 246360

N.B. All riders please note that they participate in the club activities *at their own risk* .

No responsibility can be accepted for any claim due to the negligence of the club or any its members.

All riders should ideally carry a pump, a spare inner tube or two and a puncture repair kit. Riders should also check the weather forecast and wear suitable clothing.

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Runs List:- Jul-Sep 2026

Date	Meet Location	Depart Time	Destination	Leader	Ride Category	N.B.
Jul-26						
Wed 01 Jul	Hadlow Road Railway Station	10:15	Cheshire Lanes	DT	B	
Sun 05 Jul			AD HOC			Bert Bailey 100
Wed 08 Jul	Hadlow Road Railway Station	10:30	Old Ma's	DG	B	
Sun 12 Jul	Greenbank Centre	09:30	Pimbo Garden Centre	MT	B	South Parkway for Wirral at 10:30am
Wed 15 Jul	Capenhurst Station	10:15	St Pio's/Dragon's Rest	MS	B	Coffee stop at Yvonne's
Sun 19 Jul	Hunts Cross Station	09:30	Lancashire Lanes	DJ	B	
Wed 22 Jul	Hadlow Road Railway Station	10:15	Wrenbury	PW	B	Chester Station pick up 11:30
Sun 26 Jul	Zara's Hub	09:30	Brandreth Barn	DG	B	Broadgreen pick up at 10:25
Wed 29 Jul	Chester Station	10:30	Ellesmere	MS	B	
Aug-26						
Sun 02 Aug	Hadlow Road Railway Station	10:00	Rossett - Humble & Whole	MG	B	
Wed 05 Aug	Hadlow Road Railway Station	10:15	Malpas	PW	B	Chester Station pick up 11:30
Sun 09 Aug	Maghull Station	10:00	Lancashire Lanes	MG	B	
Wed 12 Aug	Hadlow Road Railway Station	10:30	Alison's Country Kitchen Tattenhall	HF	B	
Sun 16 Aug	Hunts Cross Station	09:30	Lancashire Lanes	DJ	B	
Wed 19 Aug	Nets	10:15	North Wales	MS	B	
Sun 23 Aug	Hunts Cross Station	10:00	Anderton Boat Lift	DT	B	
Wed 26 Aug	Liberty Bell	10:30	Cheshire Lanes	DG	B	
Sun 30 Aug			AD HOC			WILD WALES

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Sep-26						
Wed 02 Sep	TBD		Jodrell Bank/TBD	PW	B	
Sun 06 Sep	Hadlow Road Railway Station	10:30	Utkinton	MS	B	
Wed 09 Sep	Maghull Station	10:45	Lancashire Lanes	MT	B	
Sun 13 Sep	Zara's Hub	09:30	SWANS at Parbold	DG	B	Broadgreen pick up at 10:25
Wed 16 Sep	Hadlow Road Railway Station	10:30	Llandegla Mountain Bike Cafe	HF	B	
Sun 20 Sep	Liberty Bell	10:00	Cheshire Lanes	DJ	B	
Wed 23 Sep	Hadlow Road Railway Station	10:15	The Little Coffee Shop - Hoofield	PW	B	
Sun 27 Sep	Zara's Hub	09:30	Lancashire Lanes	DG	B	Broadgreen pick up at 10:25
Wed 30 Sep	Hadlow Road Railway Station	10:30	Cheshire Lanes	MT	B	
Oct-26						
Sun 04 Oct	Hadlow Road Railway Station	10:00	Cheshire Lanes	DT	B	
Wed 07 Oct	Hadlow Road Railway Station	10:30	Holt	MG	B	
Sun 11 Oct	Maghull Station	10:00	Twin Lakes	MG	B	
Wed 14 Oct	Hadlow Road Railway Station	10:30	Cheshire Lanes	DG	B	

- 1 Trail bike or MTB recommended
- 2 Pickup for D riders at 10.30 at The Dormouse Tea rooms, Daresbury.
- 3 Pickup at McDonalds Aintree 10.30
- 4 Liverpool riders depart at 9.30 from Calisa.
- 5 This run is subject to change of destination and appointment of a run's leader
- 6 Wirral Riders Pick-up Broadgreen Stn
- 7 Wirral Riders Pick-up Hunts Cross Stn