

Runs List Introduction.

Rides are arranged on Sundays and Wednesdays. C/ D rides for beginners and families are arranged on the occasional Saturday morning and Trail rides on the occasional Friday.

- 1 The official start of a ride will be the point at which the designated runs leader for the ride assumes responsibility.
- 2 It is the responsibility of the individual rider to arrive at either the start location or at any pick-up point arranged for that ride.
- 3 Riders who wish to travel to the start of a ride or to a particular pick-up point should make arrangements using the club's What's App and Spond groups.

A complete list of start locations and pickup points follows. Details of the pick-up point for a particular ride please refer to the final NB column on the runs list.

- 1 **Hamilton Square** is accessible in a few minutes from James St Station on the Wirral line to Chester or Ellesmere Port.
Meet outside the station.
- 2 **Calisa coffee shop** is 84 Childwall Priory Rd, Liverpool L16 7PF. Opens 8:00am Mon-Sat & 9:00am Sundays.
- 3 **Hunts Cross Station** is in Speke Road, L25 0NN.
- 4 **Sprout Café** is within the grounds of Premier Plants Garden Centre in Ledsham, CH66 0NB, [www.sproutkitchengarden.co.uk]
If travelling by train the café is 1.5 miles from Capenhurst Station or a 3.5 miles ride from Hooton Station.
- 5 **Nets Café** is on Burton March, Neston, CH64 0TG. It 5.5 miles from Hooton Station.
- 6 **Ormskirk Station** is at Station Approach, Ormskirk, L39 2YN.
- 7 **The Dormouse tearooms**, The Smithy, Chester Rd, Daresbury, Cheshire.
- 8 **Spike Island car park** is situated in Mersey Road, West Bank, Widnes Cheshire, WA8 0DG
- 9 **Pickering's Pasture** is in Mersey View Road, Widnes, WA8 8LP
- 10 **Calderstones Park, Liverpool 18**. Meet Yew Tree Lane car park.
- 11 **McDonald's café**, Aintree Shopping Park, Ormskirk Road, Liverpool L9 5AN. Nearest rail station is old Roan.
- 12 **Otters Pool Adventure Centre** is on Otterspool Drive approx. 200 metres from the bottom of Mersey Rd. Aigburth
- 13 **Maghull Station** - Coffee Carriage is in the station at Station Road, Maghull, L31 3DE.

Category of rides (an indication of what to expect, though rides may be easier, or occasionally more difficult).

- A **Challenging, major steep long hills, or >70 miles, or both. Average pace 12-15 mph**
- B **Moderate, less challenging shorter hills with less severe gradients), 50-70 miles. Average pace 10-14 mph**
- C **Flat, 30-50 miles: average pace 10-12 mph. Suitable for fit beginners/prospective members.**
- D **Flat: 10-20 miles average pace 10-12 mph, suitable for beginners and families.**

Merseyside CTC Runs List

All runs are subject to prevailing weather conditions and the availability of the Runs Leader and may be cancelled/amended by the designated runs leader. Ride leaders should use the Google group email to inform the club of any problems, supplemented by Spond and the WhatsApp group. If the runs leader is unavailable an effort should be made to find an alternative leader to take the ride from the designated start point on the runs list. All riders should therefore check the Google Group, Spond and WhatsApp for any alterations at about 7.30-8:00am on the morning of the ride.

If in doubt, contact the Ride leader by phone details below:

Name	Telephone Number
1 HF	07887 623870
2 DG	07817 072644
3 PW	07779 718425
4 DT	07963 432568
5 SS	07914 492319
6 MT	07970 743826
7 MG	07979 073351
8 DJ	07972 163370
9 MS	07714 246360

N.B. All riders please note that they participate in the club activities *at their own risk* .

No responsibility can be accepted for any claim due to the negligence of the club or any its members.

All riders should ideally carry a pump, a spare inner tube or two and a puncture repair kit. Riders should also check the weather forecast and wear suitable clothing.

Merseyside CTC Runs List

Runs List:- Jan-Mar 2026

Date	Meet Location	Depart Time	Destination	Leader	Ride Category	N.B.
Jan-26						
Sun 04 Jan	Hunts Cross Station	09:30	Grappenhall	DJ	B	
Wed 07 Jan	Hadlow Road Railway Station	10:30	Café Fresh	MG	B	Broadgreen pick-up at 10:25
Sun 11 Jan	Hadlow Road Railway Station	10:30	Cheshire Lanes	MT	B	
Wed 14 Jan	Hamilton Square Station	10:00	Flissy's Café Thurstanston	PW	B	
Sun 18 Jan	Zara's Hub, Taggart Triangle	10:15	Farm Café Burscough	DG	B	Broadgreen pick-up at 10:25
Wed 21 Jan	Hadlow Road Railway Station	10:30	Rose Farm	HF	B	
Sun 25 Jan	Hadlow Road Railway Station	10:00	Lady Heyes	MT	B	
Wed 28 Jan	Sprout	10:30	Old Ma's	DG	B	
Feb-26						
Sun 01 Feb	Hadlow Road Railway Station	10:30	Walter's Kinnerton	HF	B	
Wed 04 Feb	Maghull Station	10:45	Lancashire Lanes	PW	B	
Sun 08 Feb	Liberty Bell	10:30	Tour de Wirral	DT	B	
Wed 11 Feb	Hadlow Road Railway Station	10:30	Green Kitchen, Acton Bridge	MT	B	
Sun 15 Feb	Zara's Hub, Taggart Triangle	10:15	Parbold	DG	B	Broadgreen pick-up at 10:25
Wed 18 Feb	Hadlow Road Railway Station	10:45	Cheshire Lanes	MG	B	
Sun 22 Feb	Hadlow Road Railway Station	10:30	Rackery Farm	HF	B	
Wed 25 Feb	Hadlow Road Railway Station	10:30	Alison's Country Kitchen Tattenhall	PW	B	

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Mar-26						
Sun 01 Mar	Liberty Bell	10:00	Walk Mill	DG	B	
Wed 04 Mar	Maghull Station	10:45	Lancashire Lanes	PW	B	
Sun 08 Mar	Burton Mere RSPB	10:30	Cheshire Lanes	DT	B	
Wed 11 Mar	Liberty Bell	10:15	Jemoley's	MT	B	
Sun 15 Mar	Hadlow Road Railway Station	10:45	Old Stores	MG	B	
Wed 18 Mar	Maghull Station	10:30	Lancashire Lanes	SS	B	MG/PW available & can lead
Sun 22 Mar	Hadlow Road Railway Station	10:15	Poffees	HF	B	
Wed 25 Mar	Maghull Station	10:30	Lancashire Lanes	SS	B	MG/PW available & can lead
Sun 29 Mar	Zara's Hub, Taggart Triangle	10:30	Pimbo Garden Centre	DG	B	Broadgreen pick-up at 10:25 <i>Daylight savings FORWARD - clocks +1</i>
Apr-26						
Wed 01 Apr	Hadlow Road Railway Station	10:45	Lost Barn	PW	B	
Sun 05 Apr	Zara's Hub, Taggart Triangle	10:15	Owd Barn	DG	B	Broadgreen pick-up at 10:25
Wed 08 Apr	Hadlow Road Railway Station	10:30	Stonehouse Farm	HF	B	
Sun 12 Apr	South Parkway Station	09:30	Anderton Boat Lift	DJ	B	

- 1 Trail bike or MTB recommended
- 2 Pickup for D riders at 10.30 at The Dormouse Tea rooms, Daresbury.
- 3 Pickup at McDonalds Aintree 10.30
- 4 Liverpool riders depart at 9.30 from Calisa.
- 5 This run is subject to change of destination and appointment of a run's leader
- 6 Wirral Riders Pick-up Broadgreen Stn
- 7 Wirral Riders Pick-up Hunts Cross Stn