

Merseyside CTC Runs List

Runs List Introduction.

Rides are arranged on Sundays and Wednesdays. C/ D rides for beginners and families are arranged on the occasional Saturday morning and Trail rides on the occasional Friday.

- 1 The official start of a ride will be the point at which the designated runs leader for the ride assumes responsibility.
- 2 It is the responsibility of the individual rider to arrive at either the start location or at any pick-up point arranged for that ride.
- 3 Riders who wish to travel to the start of a ride or to a particular pick-up point should make arrangements using the club's What's App and Spond groups.

A complete list of start locations and pickup points follows. Details of the pick-up point for a particular ride please refer to the final NB column on the runs list.

- 1 **Hamilton Square is accessible in a few minutes from James St Station on the Wirral line to Chester or Ellesmere Port. Meet outside the station.**
- 2 **Calisa coffee shop is 84 Childwall Priory Rd, Liverpool L16 7PF. Opens 8:00am Mon-Sat & 9:00am Sundays.**
- 3 **Hunts Cross Station is in Speke Road, L25 0NN.**
- 4 **Sprout Café is within the grounds of Premier Plants Garden Centre in Ledsham, CH66 0NB, [www.sproutkitchengarden.co.uk]**
If travelling by train the café is 1.5 miles from Capenhurst Station or a 3.5 miles ride from Hooton Station.
- 5 **Nets Café is on Burton March, Neston, CH64 0TG. It 5.5 miles from Hooton Station.**
- 6 **Ormskirk Station is at Station Approach, Ormskirk, L39 2YN.**
- 7 **The Dormouse tearooms, The Smithy, Chester Rd, Daresbury, Cheshire.**
- 8 **Spike Island car park is situated in Mersey Road, West Bank, Widnes Cheshire, WA8 0DG**
- 9 **Pickering's Pasture is in Mersey View Road, Widnes, WA8 8LP**
- 10 **Calderstones Park, Liverpool 18. Meet Yew Tree Lane car park.**
- 11 **McDonald's café, Aintree Shopping Park, Ormskirk Road, Liverpool L9 5AN. Nearest rail station is old Roan.**
- 12 **Otters Pool Adventure Centre is on Otterspool Drive approx. 200 metres from the bottom of Mersey Rd. Aigburth**

Category of rides (an indication of what to expect, though rides may be easier, or occasionally more difficult).

- A **Challenging, major steep long hills, or >70 miles, or both. Average pace 12-15 mph**
- B **Moderate, less challenging shorter hills with less severe gradients), 50-70 miles. Average pace 10-14 mph**
- C **Flat, 30-50 miles: average pace 10-12 mph. Suitable for fit beginners/prospective members.**
- D **Flat: 10-20 miles average pace 10-12 mph, suitable for beginners and families.**

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All runs are subject to prevailing weather conditions and the availability of the Runs Leader and may be cancelled/amended by the designated runs leader. Ride leaders should use the Google group email to inform the club of any problems, supplemented by Spond and the WhatsApp group. If the runs leader is unavailable an effort should be made to find an alternative leader to take the ride from the designated start point on the runs list. All riders should therefore check the Google Group, Spond and WhatsApp for any alterations at about 7.30-8:00am on the morning of the ride.

If in doubt, contact the Ride leader by phone details below:

Name	Telephone Number
1 HF	07887 623870
2 DG	07817 072644
3 DJ	07972 163370
4 DT	07963 432568
5 SS	07914 492319
6 PW	07779 718425
7 MT	07970 743826
8 TS	07581 155311
9 MG	07979 073351
10 JC	07771 933159

N.B. All riders please note that they participate in the club activities *at their own risk*.

No responsibility can be accepted for any claim due to the negligence of the club or any its members.

All riders should ideally carry a pump, a spare inner tube or two and a puncture repair kit. Riders should also check the weather forecast and wear suitable clothing.

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Runs List:- Jan-Mar 2025

Date	Meet Location	Depart Time	Destination	Leader	Ride Category	N.B.
Jan-25						
Wed 01 Jan	TBD	10:00	New Year's Day Mystery Ride		C	
Sun 05 Jan	TBD	09:45	TBD	DJ	C	
Wed 08 Jan	Hadlow Road Railway Station	10:30	The Chapel Saltney	PW	C	
Sun 12 Jan	Calisa Coffee Shop	09:45	Lancashire Lanes	DT	C	10:25 Broadgreen Station
Wed 15 Jan	Calisa Coffee Shop	10:15	Halsall Bakery	DG	B	10:25 Broadgreen Station
Sun 19 Jan	Hadlow Road Railway Station	10:30	Cheshire Lanes	TS	B	
Wed 22 Jan	Ormskirk Station	10:35	Ormskirk Loop	MG	B	
Sun 26 Jan	Hadlow Road Railway Station	10:30	Lewis's, Farndon	MT	B	
Wed 29 Jan	Hadlow Road Railway Station	10:30	Susan's, Drury	PW	B	
Feb-25						
Sun 02 Feb	South Parkway Station	09:30	Norton Priory	DJ	C	
Wed 05 Feb	Liberty Bell Coffee	10:10	Walk Mill	DG	B	
Sun 09 Feb	Calisa Coffee Shop	09:45	Lancashire Lanes	DT	B	10:00 Broadgreen Station
Wed 12 Feb	Hadlow Road Railway Station	10:30	Cleopatra's II, Holt	HF	B	
Sun 16 Feb	Hadlow Road Railway Station	10:30	Cheshire Lanes	TS	B	
Wed 19 Feb	Chester Station	11:00	Delamere	MG	B	
Sun 23 Feb	Calisa Coffee Shop	10:15	Farm Café	DG	B	10:25 Broadgreen Station
Wed 26 Feb	Hadlow Road Railway Station	10:30	Lady Heyes	MT	B	

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Mar-25						
Sun 02 Mar	South Parkway Station	09:30	Anderton Boat Lift	DJ	B	
Wed 05 Mar	Burton on the Manor Café	11:00	Jemoley's	PW	B	
Sun 09 Mar	Hadlow Road Railway Station	10:30	Cheshire Lanes	TS	B	
Wed 12 Mar	Hadlow Road Railway Station	10:30	Old Stores	MG	B	
Sun 16 Mar	Calisa Coffee Shop	10:15	Brandreth Barn	DG	B	10:25 Broadgreen Station
Wed 19 Mar	Hadlow Road Railway Station	10:30	Walter's, Higher Kinnerton	HF	B	
Sun 23 Mar	Liberty Bell Coffee	10:00	Wirral Loop	MT	B	
Wed 26 Mar	Hadlow Road Railway Station	10:30	Poffee's	PW	B	
Sun 30 Mar	Hunts Cross Railway Station	09:30	Lower Peover	DJ	B	
Apr-25						
Wed 02 Apr	TBD	10:30	TBD	SS	B	
Sun 06 Apr	James Street Station	09:45	Wild Root, Halsall	DG	B	
Wed 09 Apr	Hadlow Road Railway Station	10:30	Woodworks Garden Centre, Mold	HF	B	
Sun 13 Apr	TBD	09:45	Lancashire Lanes	DT	B	

- 1 Trail bike or MTB recommended
- 2 Pickup for D riders at 10.30 at The Dormouse Tea rooms, Daresbury.
- 3 Pickup at McDonalds Aintree 10.30
- 4 Liverpool riders depart at 9.30 from Calisa.
- 5 This run is subject to change of destination and appointment of a run's leader
- 6 Wirral Riders Pick-up Broadgreen Stn
- 7 Wirral Riders Pick-up Hunts Cross Stn